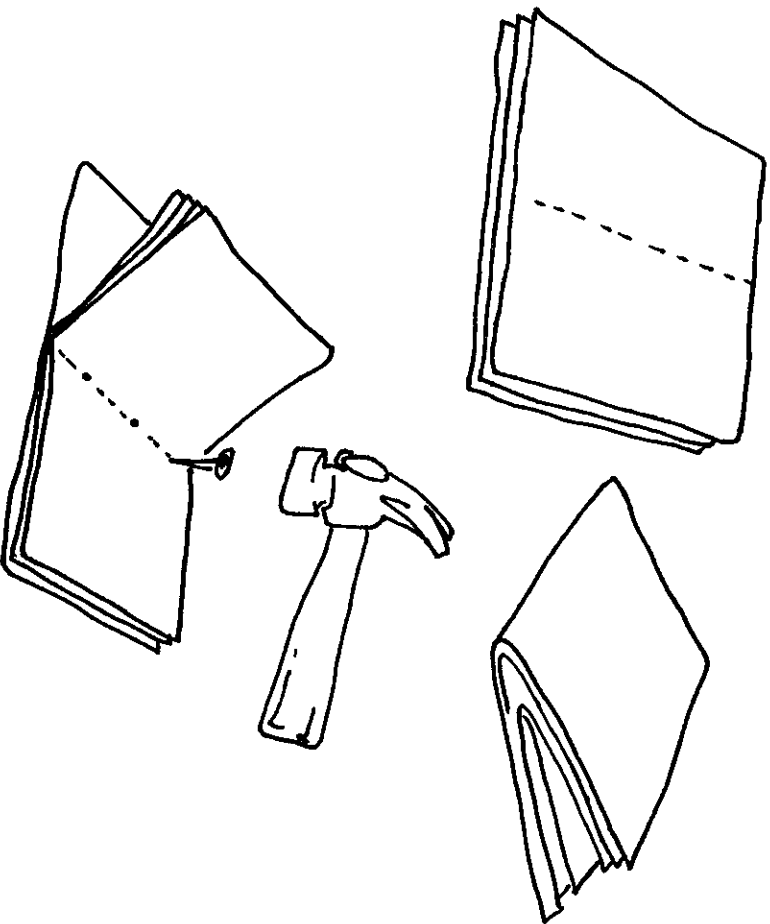
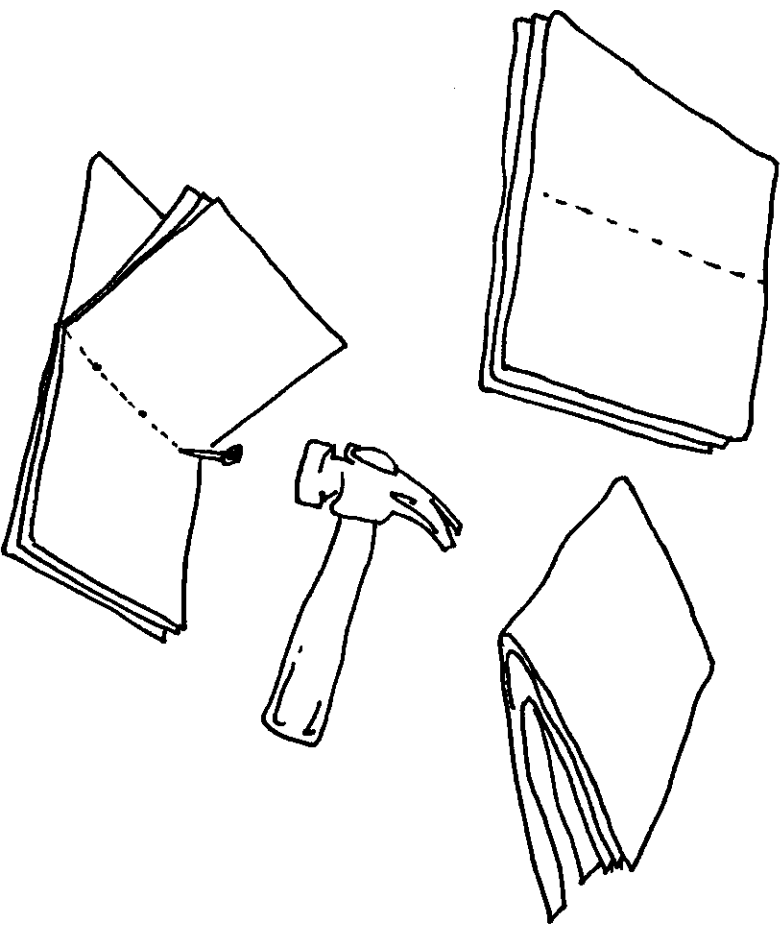


SEWING A SINGLE-GATHERING BOOK WITH THE FIGURE 8 STITCH

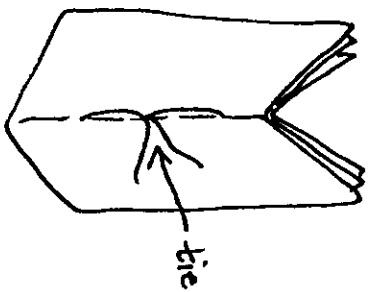
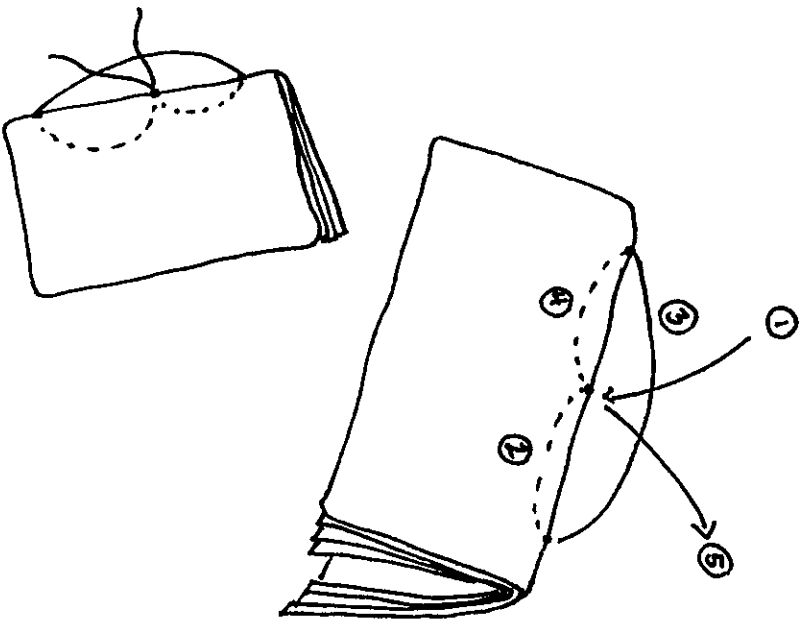


- Fold 3 sheets of paper and tuck the folded sheets inside one another. This is called a gathering.
- Punch 3 holes (or stations) along the fold of your gathering, making sure the holes pass through all the sheets.
- Cut a piece of thread about 3 times the length of your gathering (from head to tail).

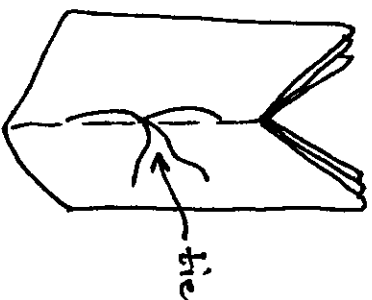
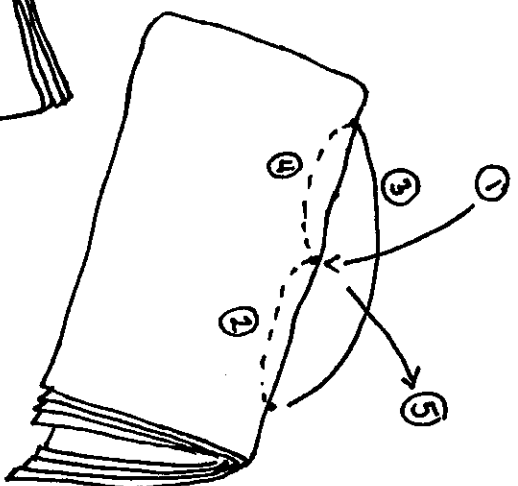
SEWING A SINGLE-GATHERING BOOK WITH THE FIGURE 8 STITCH



- Fold 3 sheets of paper and tuck the folded sheets inside one another. This is called a gathering.
- Punch 3 holes (or stations) along the fold of your gathering, making sure the holes pass through all the sheets.
- Cut a piece of thread about 3 times the length of your gathering (from head to tail).



1. Insert the thread into gathering through the middle station from the outside to the inside.
2. From the inside of the gathering, insert thread through the top station and pull tight.
3. Re-insert the thread into the bottom station from the outside.
4. Finish the stitch by inserting the thread back out of the 2nd or middle station from the inside.
5. Tie the ends together around the outer yarn.



1. Insert the thread into gathering through the middle station from the outside to the inside.
2. From the inside of the gathering, insert thread through the top station and pull tight.
3. Re-insert the thread into the bottom station from the outside.
4. Finish the stitch by inserting the thread back out of the 2nd or middle station from the inside.
5. Tie the ends together around the outer yarn.